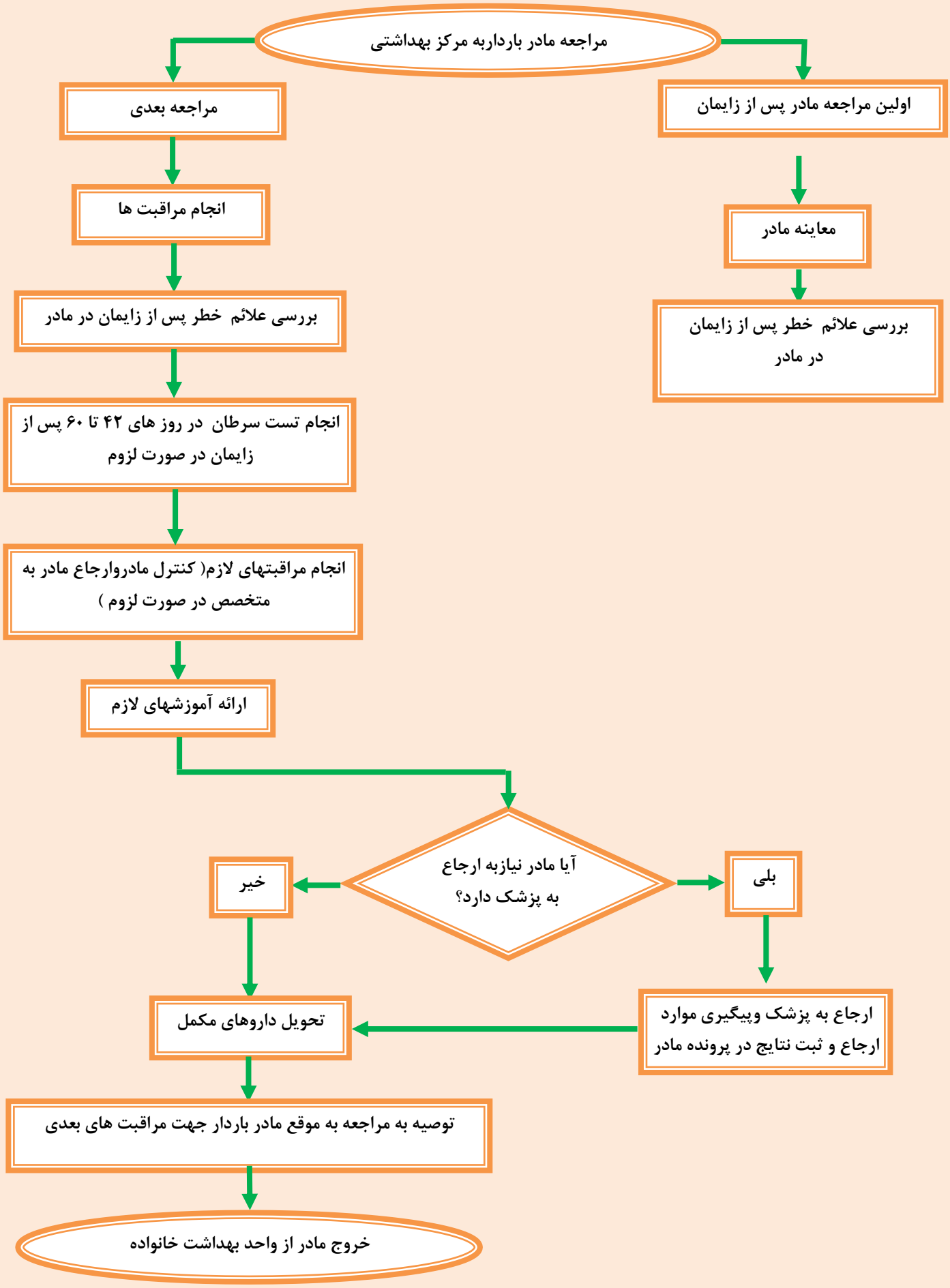فلو چارت مراقبت مادران پس از زایمان